

Debi Fox: **Incorporation of an Expanded Ostomy Self Management Training Program:**
Using Ostomy Teams To Reduce Readmissions And Increase Patient Quality of Life

FACTS:

- Although some ostomies are temporary, they all have some level of lasting effect on the patients' overall quality of life (QoL).
- There continues to be an insufficient number of ostomy trained nurses to meet the needs of the ostomy patients and community.
- An Ostomy Self-Management Training Program carries an estimated cost of \$1812 per patient.

PROBLEMS:

- Before COVID-19, up to 25% of patients with newly created ostomies were being re-admitted within 90 days, carrying an estimated cost of \$9,000 per re-admission.
- Hospital stays were extremely short before COVID-19, but effective ostomy education is even more lacking now that visitors are limited and ostomy nurses are being reassigned to cover other (un-related) areas of care.
- Patients and caregivers are often sent home without sufficient ostomy education, care, and support.

FUTURE

OUTCOMES:

Implementation of the Enhanced Ostomy Self Management Training Program can enhance the overall quality of care provided to the patients, their families, friends, and caregivers. It can also lighten the burden for clinicians and lower re-admissions - all the while creating an estimated savings of over \$215,000,000 per year in health care costs.

SOLUTIONS:

- Collaborations with related support organizations
- Curriculum being developed and offered to provide standardized, quality education to Peers and to healthcare providers such as techs, floor nurses, home health nurses, and others.
- Patient navigation to assist with delivering enhanced continuity of care, thus improving quality of care.
- Virtual visits provided to best serve the patients while protecting the Provider.

TO-DATE PROGRESS & ACCOMPLISHMENTS:

- Properly trained Ostomy Peer Support Specialists can offer a unique service to meeting the needs of clients (thus bridging the gap), because they have personally lived such experiences and managed to recover.
- The Ostomy Self-Management Training Program incorporates sufficiently-trained ostomy peers into the standard of care provided, resulting in cost savings of \$7188 per re-admitted patient

PRESENT STATUS:

- A virtual support group with 3.5K worldwide members, serving over 500 new ostomates per year.
- Provision of mutual (non-clinical) education and support in all areas of ostomy life.
- Acceptance of unused ostomy supplies and redistribute to those in need (within the US).

Leave Empty

This space will be automatically filled with a QR code and number for easy sharing

Will be covered by controls if you define slides